

# Cuffelinks

**Rotary Club of Mumbai Cuffe Parade**

[www.rotarycuffeparade.com/inforotarycuffeparade.com](http://www.rotarycuffeparade.com/inforotarycuffeparade.com)

District 3141, CLUB NO 28210



Rotary Year:2024-25 Issue:July 2024 Total Page -12

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My Dear Rotary Family,



As I take over as Vibrant president of Rotary Club of Mumbai Cuffe Parade. I am pleased to release the first issue of our club bulletin "Cuffelinks".

Rotary International stands as a beacon of service and goodwill, weaving a tapestry of connections that span the globe. At its heart, Rotary embodies the spirit of community, tirelessly working to foster positive change and uphold humanitarian ideals.

From  
President Desk

The impact of Rotary's initiatives is profound and far-reaching. From large-scale international projects to grassroots efforts in local communities, Rotarians bring their expertise and dedication to bear on the most pressing challenges of our time. Whether constructing schools in remote villages, eradicating polio, or supporting sustainable development, Rotary leaves an indelible mark.

Central to Rotary's vision is empowering youth. Programs like Interact and Rotaract cultivate leadership skills and a passion for service in young people, ensuring a legacy of compassionate leadership and global citizenship. By investing in youth today, Rotary secures a brighter future for tomorrow.

Beyond projects and initiatives, Rotary builds enduring friendships. Through fellowship and networking, Rotarians forge lifelong bonds that transcend borders and generations. Rotary meetings and conventions serve as vibrant hubs where ideas are exchanged, partnerships are forged, and friendships are nurtured.

As Rotary continues to evolve and expand its impact, the commitment to Service Above Self remains unwavering. With a renewed focus on sustainability, inclusivity, and innovation, Rotary is poised to tackle the challenges of the 21st century with vigor and compassion.

In every corner of the world, Rotary is a force for good, a testament to the power of collective action and the enduring strength of humanity's spirit. Together, Rotarians illuminate a path toward a brighter, more connected future for all.

"Cuffelinks" shall be a bridge between our Club and the District where we shall highlight our projects, achievements and fellowship.

I wish my Vibrant Board and my Club Members Best Wishes for the Vibrant year 2024-2025. Together we can and we will.

Errick Elavia

President

Rotary Club of Mumbai Cuffe Parade 2024--2025



## THE 4 WAY TEST:

of the things we think, say  
or do

- ☛ Is it the TRUTH?
- ☛ Is it FAIR to All Concerned?
- ☛ Will it Build GOODWILL & Better Friendships?
- ☛ Will it be BENEFICIAL



**Rotary**



DIST 3141



2024-2025



## Charter Night and Sukhriya Night Recap On June 22nd

### Charter Night and Sukhriya Night Recap On June 22nd

We had the pleasure of celebrating Charter Night and Sukhriya Night at P D Hall, BCA Mumbai. This special evening marked a significant milestone in our club's journey, filled with joy, recognition, and heartfelt gratitude. The event commenced with a warm welcome to all our esteemed guests, members, and the distinguished District Secretary, who honored us as the chief guest of the evening. The presence of the District Secretary added a touch of prestige and importance to the night.

**Highlights of the Evening:** Trophies and Mementos: Awards were presented to recognize the outstanding contributions and achievements of our Board Members and Club Members. These accolades were a testament to their dedication, hard work, and unwavering support throughout the year.

**Acknowledgements:** A heartfelt thanks was extended to all the Board Members and Club Members for their continuous support and commitment. Their efforts have been instrumental in the success and growth of our club.

**Special Moments:** The evening was filled with memorable moments of camaraderie, celebration, and reflection on the past year's accomplishments. The atmosphere was vibrant, and the spirit of unity and togetherness was palpable.

The evening concluded with a vote of thanks, expressing our deepest gratitude to everyone who contributed to making this night a resounding success. We look forward to many more such celebrations and achievements in the future.



WELL DONE  
IPP RTN. TARUN GADIA





# RCMCP Cuffelinks

## The Republic Day celebration by the Rotary Club of Mumbai Cuffe Parade

We are delighted to report on the heartwarming success of our recent initiative at CSED, made possible by the generous support of Nita Nikunj Jhaveri. Thanks to her thoughtful donation, Rcmcp distributed colors, coloring books, and pencil pen pouches to the students, sparking joy and bright smiles throughout the day. We extend our sincerest thanks to Nita Nikunj Jhaveri for her invaluable contribution, which played a pivotal role in bringing this project to fruition. Her dedication to enhancing educational opportunities for children is truly commendable and has left an indelible mark on our community. The presence of Nayan Bhai at the event was an honor for us all. His gracious involvement added a special touch to the occasion, underscoring the importance of community support and engagement. In addition to distributing supplies, we had the privilege of meeting with beneficiaries of hearing aids. Their enthusiasm and gratitude were palpable as they shared how the new devices have positively impacted their lives. Their heartfelt thanks to all involved serve as a testament to the profound difference these initiatives make in our community. This initiative exemplifies the power of collaboration and collective action in creating meaningful change. We are immensely grateful to everyone who contributed their time, resources, and support to make this project a resounding success. As we reflect on this achievement, we look forward to continuing our efforts to support and uplift individuals in our community who need it most. Thank you once again to all who made this possible. Together, we are making a future for our community.



## RC of Mumbai Cuffe Parade Tata Memorial Marathon Dream Run

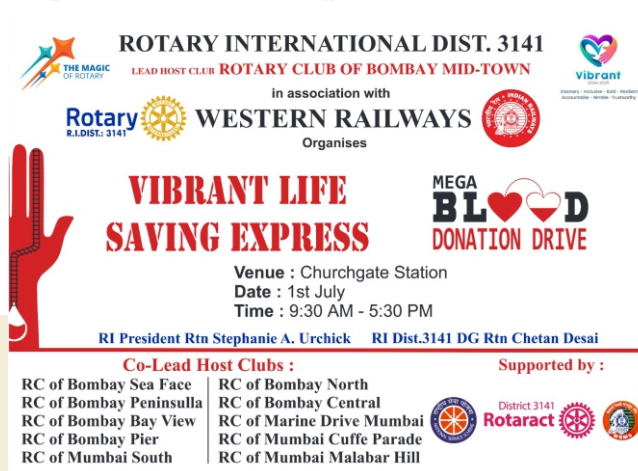
We are thrilled to share the wonderful experience we had during our recent project at Madhav Baugh Panjrapole in Mumbai. Thanks to the generous donations from our club members and Nikunj Jhaveri, we were able to feed cows with nutritious grass and grains, as well as provide nourishment to the birds. The highlight of the day was the opportunity to interact closely with the cows and their calves. Many of us found great joy in cuddling and hugging these gentle animals, fostering a deep connection and appreciation for their presence in our lives. We extend our heartfelt thanks to all the club members whose contributions to the Sunshine Box made this project possible. Your generosity and commitment to animal welfare have made a meaningful impact on the well-being of these animals. Special gratitude goes to Nikunj Jhaveri for his continuous support and dedication to our initiatives. His belief in our cause and unwavering encouragement inspire us to continue making a difference in our community. Projects like these remind us of the importance of compassion and care towards all living beings. We are grateful for the opportunity to contribute positively to the welfare of animals and look forward to continuing our efforts in the future. Thank you to everyone who participated and supported this project. Your enthusiasm and commitment are truly appreciated.





# RCMCP Cuffelinks

## Vibrant Life Saving Express - A Mega Blood Donation Drive



Under the inspiring leadership of DGE Chetan Desai, the Rotary Club of Mumbai Cuffe Parade proudly co-hosted the \*Vibrant Life Saving Express\*, a Mega Blood Donation Drive for District 3141.

**\*PROJECT NAME:\***

**Vibrant Life Saving Express - A Mega Blood Donation Drive**

**DATE & TIME: \*1st July, 9:30 AM - 5:30 PM**

**VENUE/LOCATION**

This initiative was aimed at addressing the critical need for blood donations in our city. By organizing this drive at Churchgate Station, one of Mumbai's major suburban railway stations, we ensured maximum participation and convenience for donors. We extend our heartfelt gratitude to Rtn. Nikujbhai and Rtn. Shyam Lohia for attending and supporting this noble life-saving mission. Your presence and contribution made a significant difference in the success of this event. Together, we can continue to make a positive impact on our community. Thank you to everyone who participated and supported the \*Vibrant Life Saving Express\*. Let's keep the spirit of service alive and continue to work towards a healthier, stronger society.

## Empowering Education: Book Distribution Drive in Khed Village



The Rotary Club of Mumbai Cuffe Parade undertook a significant initiative to support education in rural areas by organizing a book distribution drive at a gram panchayat school in Khed village. This initiative aimed to enhance educational resources for underprivileged students and promote literacy among young minds. The bonds within the Rotary community. It served as a reminder of the power of collective action and the profound impact of generosity, leaving everyone involved with a deep sense of fulfillment and purpose.

The primary objective of the book distribution drive was to provide essential educational materials to students who often lack access to adequate resources in rural settings. By ensuring access to books, the initiative aimed to foster a love for learning and empower students to pursue their educational aspirations.

The event commenced at 9 am with a warm welcome extended to the students, teachers, and community members by members of the Rotary Club of Mumbai Cuffe Parade. The distribution drive was meticulously planned to ensure that each student received age-appropriate books relevant to their educational needs.

The event began with an opening ceremony where representatives from the Rotary Club and local dignitaries addressed the gathering. They emphasized the importance of education and the role of books in shaping young minds.

Following the ceremony, the distribution of books commenced. Each student was provided with a carefully curated set of books covering various subjects such as mathematics, science, language, and storybooks to cater to their educational interests.

To further engage the students, interactive sessions were conducted on topics related to reading habits, importance of education, and career aspirations. Volunteers from the Rotary Club shared inspiring stories and encouraged students to make the most of their educational opportunities.

Throughout the event, there was ample opportunity for students to interact with volunteers, ask questions, and share their thoughts on the books received. This interaction aimed to create a supportive learning environment and motivate students to excel in their studies.



## Rotary Club of Mumbai Cuffe Parade's Blood Donation and Mega Medical Camp

On 31st March 2024, the Rotary Club of Mumbai Cuffe Parade organized a significant Blood Donation and Mega Medical Camp at the Police Worli Ground, starting from 9:00 AM onwards. This event was a remarkable demonstration of the club's dedication to community health and well-being.

The camp aimed to provide comprehensive medical services and facilitate blood donations, addressing crucial healthcare needs in the community. The well-organized event attracted a large number of participants, reflecting the community's trust and reliance on the Rotary Club's initiatives.

The Blood Donation and Mega Medical Camp had a profound impact on the community, providing much-needed medical services and facilitating life-saving blood donations. The event also fostered a sense of community spirit and cooperation, highlighting the importance of collective action in addressing healthcare challenges.

The Rotary Club of Mumbai Cuffe Parade's Blood Donation and Mega Medical Camp was a



## Memorable Valentine's Day Celebration at RC of Mumbai Cuffe Parade

On February 14, 2024, the Rotary Club of Mumbai Cuffe Parade hosted a remarkable event that left attendees both inspired and entertained.

The evening featured Shobana Vora, an esteemed speaker, who provided an immersive audio-visual tour of Kailash Mansarovar. Her detailed narrative and stunning visuals transported the audience to the sacred site, allowing them to vicariously experience her journey and the profound spiritual significance of Kailash Mansarovar. Adding to the festive atmosphere, the talented singer Kamble performed classic songs by Kishore Kumar and Mohammad Rafi. His melodious voice and heartfelt renditions captivated the audience, making the Valentine's Day celebration even more special. The music brought back nostalgic memories and created an atmosphere of joy and togetherness.



## Successful Paediatric Heart Surgery Project by RC of Mumbai Cuffe Parade

February 25, 2024, the Rotary Club of Mumbai Cuffe Parade achieved a significant milestone by facilitating paediatric heart surgeries for 24 children at SRCC Hospital in Mahalaxmi, Mumbai. This life-saving initiative has brought immense joy and relief to the children and their families, with all patients now recovering well and showing positive health outcomes.

This project, which aimed to give these children a chance at a healthier future, was made possible through the generous support of the Gem & Jewellery National Relief Foundation. Their funding and resources were crucial in ensuring the success of the surgeries.

Special recognition goes to Rtn Ashok Bhansali for his tireless dedication and relentless efforts towards this project. His unwavering commitment, coordination, and hard work were instrumental in bringing this initiative to fruition.

The success of this project not only created smiles and renewed hope for many families but also highlighted the impactful work and dedication of RC of Mumbai Cuffe Parade towards improving community health and wellbeing. This initiative exemplifies the club's ongoing commitment to making a difference in the lives of those in need.

The Rotary Club of Mumbai Cuffe Parade is proud of this achievement and looks forward to continuing its mission of





# RCMCP Cuffelinks

## First Speaker Meeting of the 2024-25 Year: Mental Health for Older Adults

The Rotary Club of Mumbai Cuffe Parade commenced its new year with an enlightening speaker meeting on July 10, 2024, at 6:15 PM at Restaurant Samrat. The esteemed guest speaker, Rinkal Karia, delivered a compelling talk on "Mental Health for Older Adults," addressing a crucial topic of concern in today's society.

Rinkal Karia, an expert in mental health advocacy, captivated the audience with her insights into the challenges faced by older adults in maintaining mental well-being. She emphasized the importance of community support and understanding in addressing these issues effectively.

**Understanding Mental Health:** The session delved into the various aspects of mental health specific to older adults, including common disorders, coping mechanisms, and the role of social interaction. **Practical Tips:** Attendees gained valuable knowledge and practical tips on how to recognize signs of mental distress in seniors and provide appropriate support. **Q&A Session:** The interactive Q&A session allowed participants to seek clarification and share personal experiences related to the topic, fostering a deeper understanding of mental health concerns in the elderly.

The meeting concluded on a positive note, with attendees expressing gratitude for the informative session and renewed commitment to promoting mental well-being within the senior community. The Rotary Club of Mumbai Cuffe Parade extends sincere thanks to Rinkal Karia for her invaluable contribution and to all members and guests who joined us for this insightful evening



## Happy Birthday

3rd  
July



Sangeeta Bang

6th  
July



Mahendra Sundesha Jain

14th  
July



Amit Vora

15th  
July



Sonal Somaiya

21st  
July



Deepak Somaiya

27th  
July



Nita Jhaveri

7th August  
Speaker Dr. Bankim Damani  
Sub: Journey to Piece Harmony  
and Prosperity by Bankim vaastu



## Club Meetings



28th August  
Club Assembly  
Redio Club  
6.15 pm  
AG Rtn. Padma Kapoor



15th August Independence Day  
Celebration  
Lady Engineering School



## Fellowship & Celebrations